

Run with Heart



live love RUN!

Saturday
February 16th
2019

8:30AM Fun Run

9:00AM 5k/ 10k

ST. JAMES PARISH CENTER • MILLSTADT, IL

10:30AM Awards

All kids will receive a medal

The top three finishers in each age division receive medals

PLUS! Best Male and Female overall time

Age groups for male & female runners:

13 & under • 14-19 • 20-29 • 30-39 • 40-49 • 50-59 • 60 & Up-

Post race party at Ott's Tavern

5K



10K



**FUN
RUN**

Pricing

\$30 – Adult, 16 and older

\$20 – Child

\$80 – Family(4 people: 2 adult, 2 child or 1 adult, 3 child)

\$20 – Virtual Runner(will receive T-shirt after event)

Early Packet Pickup:

Thursday February 14th, 4PM-8PM

Ott's Tavern • 20 E. Washington St., Millstadt

* Guarantee a Shirt Registration due by Wed, Feb 6th!

A portion of the proceeds will be donated to the American Heart Association in honor of Ken "KT" Toenjes

Online Registration: stjamesmillstadt.com

Participant Waiver: I, the undersigned, agree to abide by any decision of the race officials, in considerations of your accepting this entry, I, the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors, and administrators, waive and release any and all claims for damage, demands, actions against St. James Catholic Church, St. James School, their affiliates, subsidiaries, officials, representative, employees, successors and assigns for any and all injuries suffered by me in this event. I attest and verify that I am physically fit and have sufficiently trained for the completion of this run/walk. Further, I grant full permission for the free use of my name and/or any photographs, videotapes, recordings, or any other record of this event for legitimate purposes. No refunds will be issued due to inclement weather.

By Mail: Return lower portion, with payment to:

St. James Catholic School

Attn: Heart Run

412 W. Madison St.

Millstadt, IL 62260

St. James Entry Form 5K 10K Fun Run Virtual

Name					
Address					
Phone					
Email					
Date of Birth					
Age on Feb 15 th					
T-shirt Size: Adult	S	M	L	XL	2XL
T-shirt Size: Kids	XS	S	M	L	

I'M A SURVIVOR! Please let us know if you are survivor to receive special recognition!

Participant Signature: _____ Date: _____
(Parent or Guardian if under 18 years of age)